

Bem Sex-Role Inventory (BSRI)

Rate yourself on each item, on a scale from 1 (never or almost never true) to 7 (almost always true). When you have completed the inventory, transfer your ratings to the inventory score sheet.

1. _____ self-reliant
2. _____ yielding
3. _____ helpful
4. _____ defends own beliefs
5. _____ cheerful
6. _____ moody
7. _____ independent
8. _____ shy
9. _____ conscientious
10. _____ athletic
11. _____ affectionate
12. _____ theatrical
13. _____ assertive
14. _____ flatterable
15. _____ happy
16. _____ strong personality
17. _____ loyal
18. _____ unpredictable
19. _____ forceful
20. _____ feminine
21. _____ reliable
22. _____ analytical
23. _____ sympathetic
24. _____ jealous
25. _____ has leadership abilities
26. _____ sensitive to the needs of others
27. _____ truthful
28. _____ willing to take risks
29. _____ understanding
30. _____ secretive
31. _____ makes decisions easily
32. _____ compassionate
33. _____ sincere
34. _____ self-sufficient
35. _____ eager to soothe hurt feelings
36. _____ conceited
37. _____ dominant
38. _____ soft-spoken
39. _____ likable
40. _____ masculine
41. _____ warm
42. _____ solemn
43. _____ willing to take a stand
44. _____ tender
45. _____ friendly
46. _____ aggressive
47. _____ gullible
48. _____ inefficient
49. _____ acts as a leader
50. _____ childlike
51. _____ adaptable
52. _____ individualistic
53. _____ does not use harsh language
54. _____ unsystematic
55. _____ competitive
56. _____ loves children
57. _____ tactful
58. _____ ambitious
59. _____ gentle
60. _____ conventional

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Inventory Score sheet

Enter your ratings in the appropriate columns

Column 1	Column 2	Column 3
1	2	3
4	5	6
7	8	9
10	11	12
13	14	15
16	17	18
19	20	21
22	23	24
25	26	27
28	29	30
31	32	33
34	35	36
37	38	39
40	41	42
43	44	45
46	47	48
49	50	51
52	53	54
55	56	57
58	59	60

- Add up your ratings in column 1 and divide total by 20.
- Add up your ratings in column 2 and divide total by 20.
- Add up your ratings in column 3 and divide total by 20.