



## **Anxiety Disorders Reading Questions**

### *Psychological Disorders*

8. What are some situations that may cause anxiety in a person with **social phobia**?
  
  
  
  
  
  
  
  
  
  
9. Why do you think some people with **panic disorder** also have **agoraphobia**?
  
  
  
  
  
  
  
  
  
  
10. How does **generalized anxiety disorder** differ from phobias?
  
  
  
  
  
  
  
  
  
  
11. How does an **obsession** differ from a **compulsion**?
  
  
  
  
  
  
  
  
  
  
12. What are the major symptoms of **post-traumatic stress disorder (PTSD)**?
  
  
  
  
  
  
  
  
  
  
13. List three events that might lead to PTSD.
  - a)
  - b)
  - c)
  
  
  
  
  
  
  
  
  
  
14. Compare and contrast the **psychoanalytic and learning explanations** of anxiety disorders. Which do you think explains them better?

