

What Are Psychological Disorders? Reading Questions

Psychological Disorders

Name _____

Date _____

Period _____

Read pages 410-414 in the textbook and answer the following questions.

1. What are **psychological disorders**?
2. What **percent** of adults have some sort of psychological disorder in their **lifetime**?
3. When psychologists identify whether or not certain behaviors are signs of a psychological disorder, they look at four things: a) Typicality, b) Maladaptivity, c) Emotional Discomfort, and d) Socially Unacceptable Behavior.

Define what each of the following terms mean:

- a) *Typicality*
 - b) *Maladaptivity*
 - c) *Emotional Discomfort*
 - d) *Socially Unacceptable Behavior*
4. What is a **culture-bound syndrome**?
 5. Give an **example** of a culture-bound syndrome.
 6. What is the **DSM** and what is it used for?
 7. How many **categories** of disorders are recognized by the American Psychiatric Association?

What Are Psychological Disorders? Reading Questions

Psychological Disorders

8. Give two specific ways in which the current DSM is **different** from earlier ones.

9. Give an example of a **Somatoform Disorder**.

10. Give an example of a **Personality Disorder**.

11. Give an example of a behavior that would be **normal** in one situation but could be a sign of a **psychological disorder** in another situation.

Read page 412. **Summarize** this reading in a paragraph of 5-7 sentences and **answer the question** at the end of the reading.
